

# STOP INVASIVE SPECIES

## in your tracks

The Okanagan-Similkameen region has some of the best biking trails in Canada. However, mountain and road biking can promote the spread of invasive plants if best practices are not followed. Invasive plants degrade natural ecosystems which can lead to trails and recreational areas being **closed for rehabilitation**.



### Build new trails responsibly

- Ensure you have approval to build the trail
- Consult with a local biologist to minimize environmental impacts
- Use previously disturbed areas such as old roads or skid trails
- Do not create trails or staging spots in areas prone to runoff or with established invasive plants
- Re-vegetate disturbed soils; consult with an invasive plant specialist for advice on an ecologically suitable seed mix

### Control your bike

Side skidding and excessive braking lead to soil erosion and compaction. Disturbed soils are vulnerable to invasive plant establishment.

### Stay on designated roads and trails

Biking off the path can spread invasive plant seeds.

### Check your clothing, bike and gear

Remove invasive plant fragments and seeds. Place seeds into a sealed container and dispose of them in the garbage after your ride.

### Keep dogs on a leash

Some invasive plants are toxic to animals or have spines that can harm your pet. Seeds can also be dispersed by attaching to animal fur.

### Clean your bike after each ride

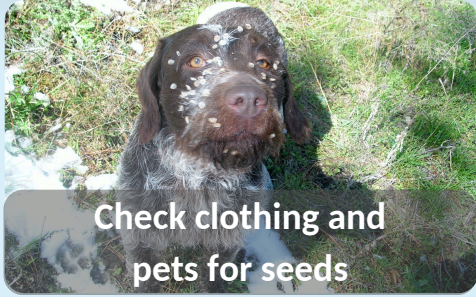
Mud trapped in tire tread may contain seeds. Use a boot brush or bike cleaning station to wash debris from your bike.





# Bike Responsibly

Learn what you can do to stop the spread of invasive plants while enjoying your ride.



Check clothing and pets for seeds

## HOUND'S-TONGUE

Seeds easily attach to clothing, gear and pets. Stay on designated trails and keep dogs on leash.



Check your bike for plant parts

## DIFFUSE KNAPWEED

Mature plants break at the base and tumble in the wind. Plant parts can get caught in the spokes of wheels.



Check your tires for seeds

## PUNCTUREVINE

This mat-forming vine has spiny seedpods that embed in footwear and tires and can puncture bike tubes.



Report new invasive plants or outbreaks to [oasiss@shaw.ca](mailto:oasiss@shaw.ca)

## Learn to identify invasive plants

- Check out [www.OASISS.ca/publications](http://www.OASISS.ca/publications) for a Guide to Identifying Invasive Plants and Weeds
- Download an identification app such as iNaturalist or Seek
- Consult with an OASISS staff member or local plant expert

## GET ADVICE

For more information go to:  
[www.oasiss.ca](http://www.oasiss.ca)



**oasiss**  
Okanagan and Similkameen  
Invasive Species Society

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